



BETTER WITH MONEY (1 hour)

If only money was simple. Sometimes it's hard to know where to start; this session will give your employees lots of ideas and practical advice to help improve their financial well-being

This workshop will cover:

- ✓ **Cash in:** get clarity around your relationship with money
- ✓ **Outgoings:** understand your budget & reduce your outgoings
- ✓ **Debt:** tackle debt & get plan to be debt-free
- ✓ **Cushions:** understand emergency funds



Your trainer for the day will be Jo Thresher, Director of Better with Money. Jo has over thirty years of financial experience and is the author of "What's your excuse for not being better with money?"

Jo's mission is to **provide easily-understood information to help everyone 'move forwards' with their finances**. The session is designed to be fun and interactive, and attendees will receive planners to take away to help them become 'better with money'.

